



N.A.P.

Neuron Activation Pod

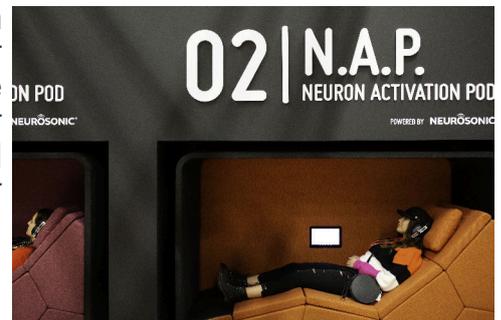
What does a Zebra do when it has managed to escape a Lion? It shakes itself.

The purpose of this natural mechanism is to calm and relieve the stress reaction. Neuron Activation Pod (N.A.P) produces this same natural effect – and thus takes relaxation and recovery to a completely new level.

How does it work?

Neurosonic technology automatically affects the human natural relaxation and recovery mechanisms. When your mind is already full and stressed it is difficult to find the mental capacity to help relieve the stress from your hectic life. Our technology guides the human body and mind mechanically to a mediation-like state that cares for and prevents stress-related symptoms.

Sleep mechanisms are restored, and at the same time, many other things in the body and mind are corrected.



What are the benefits?

There are four key effects on the human body and mind, all linked to the influence the technology has on the Autonomic Nervous System, i.e the part of the nervous system responsible for control of bodily functions not consciously directed, such as breathing, heartbeat, and digestive processes.



Sleep Quality: NAP has a calming effect on the human body. The production of stress hormones is reduced, and sleep mechanisms are restored. You calm down and fall asleep more easily. Nightly awakening decreases, and sleep becomes more restful and effective.



Stress Relieving: Positive changes take place in the neurotransmitter action, and the neural pathways in the alarm state calm down. Stressed people are able to fall asleep more easily and at night, the wake-ups that are being monitored are reduced or completely gone.



Pain Alleviation: The neural network calms down, lymphatic circulation becomes more active, and pain alleviates. Your body feels more relaxed and sleep mechanisms return to a more normal state, which causes many other things in the body and mind to be corrected.



Recovery: Neurosonic relaxes your body effectively, by balancing the autonomic nervous system. At the same time, muscle circulation and metabolic restoration are restored at a faster pace. On average people report a 50% reduction in recovery time from a strenuous run, work out etc.