

# N.A.P.

## NEURON ACTIVATION POD



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### BRINGING TOGETHER THE LATEST HEALTH TECH AND FUTURISTIC DESIGN

A combination of stylish, minimalist Nordic design and latest hi-tech, N.A.P. is bringing the future of well-being to offices and public spaces today. Based on the groundbreaking health tech from Neurosonic, N.A.P. provides an easy and scientifically tested method for full body recovery and relaxation in the midst of a busy workday. The stylish and unique design and choice of high-quality materials make it the perfect centerpiece of any office.

### HEALTH BENEFITS IN EVERYDAY LIFE IS WHAT N.A.P. IS ALL ABOUT

The value of short breaks and povernaps in the middle of the working day is quickly gaining more understanding and appreciation. Companies seeking for the ultimate competitive edge are realizing that health tech can improve both comfort and efficiency in the office – and the opportunities are huge!

### RELAXATION, RECOVERY, AND ACTIVATION COME AS STANDARD

The Neurosonic technology that N.A.P. uses is based on sensory tissue stimulation, where very low frequency vibration helps in relaxing the body and mind in a safe and research-proven manner. Depending on the chosen program, the effect can also be activating. What happens in detail is a mix of health benefits that N.A.P. brings together in a new and revolutionary way:

- Boosting blood and fluid circulation
- Fixing stress-based symptoms
- Enhancing quality of sleep
- Easing muscle tension and swelling
- Activating metabolism
- Assisting in physical and mental recovery
- Improving sports performance

